

In the early 1900s, the fiddleplayer Jon-Erik Mattson was born in the small village "Digerberget" in eastern Jämtland near the border of Medelpad.

He worked as a lumberjack but also made worked with many kinds of handicrafts, mainly in birch-bark. In addition to this he played the fiddle until his death in the 1980's. Most of his songs he learned came directly from his father

This is a "triolpolska" which means it contains many triplets. It should be played briskly and with energy so as to give help and drive to the dancers.